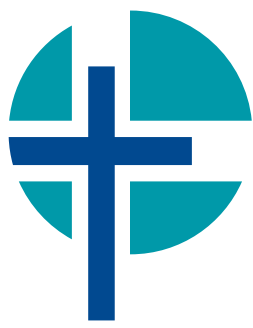


March
2023



SAINT PETER'S HEALTHCARE SYSTEM

Safely treating you better...for life.

Saint Peter's Offers Surgical Specialties for Children and Adults from Head to Toe

The New Department of Surgery
Chair's Vision is to **Grow** and
Promote the Expert Care
Provided Close to Home



Saint Peter's University Hospital offers a wide range of surgical specialties for children and adults, including innovative minimally invasive techniques for congenital anomalies, skull-based tumors, scoliosis, fecal incontinence, and gynecological conditions. The highly skilled, board certified surgeons at Saint Peter's are committed to providing safe, quality care to each patient through minimally invasive, robotic and traditional surgical techniques. Saint Peter's expert surgeons are at the forefront of medicine, using the latest technology and techniques to ensure the best outcome for each patient during surgery.

In support of increased surgical volume and increased activity in several surgical specialties, Saint Peter's completed a \$9 million modernization project of its main operating room in 2021 to create new and expanded surgical suites. The CARES Surgicenter, part of Saint Peter's Healthcare System, has been ranked among the top ambulatory surgery centers in the country two years in a row by *Newsweek* and Statista, and provides an outstanding option for patients for elective outpatient procedures.



Overseeing the hospital's Department of Surgery is Lindsay Grier Arthur III, MD, FACS, FAAP, who joined Saint Peter's as the new department chair at the start of the new year. A well-known and widely respected minimally invasive pediatric surgeon, educator, author, and researcher, Dr. Arthur comes to Saint Peter's

from St. Christopher's Hospital for Children in Philadelphia, Pennsylvania. He is a graduate of Jefferson Medical College of Thomas Jefferson University in Philadelphia and completed his general surgical residency at Thomas Jefferson University Hospital before completing his pediatric surgical fellowship at Nationwide Children's Hospital in Columbus, Ohio, one of the busiest children's hospitals in the country.

"My belief is that the Department of Surgery at Saint Peter's University Hospital is a hidden gem within the state of New Jersey," said Dr. Arthur, who also serves as surgeon-in-chief for The Children's Hospital at Saint Peter's University Hospital. "We can deliver outstanding surgical expertise for both adults and children in this region without needing patients to travel to New York City or Philadelphia to have their care. I hope to be able to help highlight this fact and promote our department's reputation as the best surgical department in the state."

Surgical services offered for adults at Saint Peter's include:

- Breast
- Colorectal
- Ear, Nose and Throat and Head and Neck
- Gastroenterological
- General
- Gynecological
- Neurological
- Oncological
- Orthopedic
- Plastic and Reconstructive
- Prostate Gland and Noncancerous Conditions
- Urological
- Vascular and Endovascular

Robotic Surgery

Saint Peter's recently celebrated the 10th anniversary of its robotics program, a surgical alternative to traditional open surgery and conventional laparoscopy. Surgeons opt to use the da Vinci® Surgical System for gynecologic surgeries, pancreatic conditions, esophageal procedures, gallbladder conditions, oncologic procedures, urologic procedures, and colorectal procedures.

With two da Vinci Surgical Systems in two dedicated operating rooms, Saint Peter's averages more than 600 robotic-assisted surgeries per year.

Pediatric Surgery at The Children's Hospital at Saint Peter's

The Children's Hospital at Saint Peter's University Hospital provides comprehensive surgical care to treat congenital and acquired conditions affecting children from birth through young adulthood. Saint Peter's surgeons are experienced in treating common pediatric ailments, such as appendicitis and hernias, as well as rare or complex conditions. Additionally, Saint Peter's board certified pediatric anesthesiologists provide the safest care for infants and children undergoing anesthesia.

Saint Peter's offers the following pediatric surgery services:

- Complex Congenital and Neonatal Surgery
- Craniofacial-neurosurgery
- Ear, Nose and Throat (ENT) (including skull-based tumors)
- Endocrine Surgery for disease of the thyroid and adrenal glands
- Minimally Invasive and Open Thoracic Surgery
- Minimally Invasive Gastrointestinal Surgery
- Neurological
- Ophthalmological
- Orthopedic (including the innovative anterior scoliosis correction surgery)
- Pediatric and Neonatal General and Thoracic Surgery
- Pediatric Oncologic Surgery
- Plastic
- Urologic

Pediatric surgeon John Gerard Gallucci, MD, FACS, has returned to The Children's Hospital at Saint Peter's after a one-year sabbatical. Dr. Gallucci started his career at Saint Peter's in 2003 and pioneered the hospital's first full-time Division of Pediatric and Neonatal General and Thoracic Surgery.

"My goal has always been to create the very best experience and outcome for babies, children and families requiring pediatric surgical services. Saint Peter's pediatric surgical service has grown quickly and steadily since 2003 and I'm excited to serve our patients and their families once again," said Dr. Gallucci.

Stock Photo. Posed by models.

To learn more about the services offered at Saint Peter's, visit saintpetershcs.com

Saint Peter's Earns NINE Women's Choice Awards

Key Practice Areas Recognized for Exemplary Standards of Care

Saint Peter's University Hospital has been named as one of America's Best Hospitals by the Women's Choice Award®, America's trusted referral source for the best in health care. The award signifies that Saint Peter's is one of the top healthcare providers in the country based on a review of almost 5,000 hospitals. Saint Peter's was recognized in the following areas:

- 100 Best Hospitals for Patient Experience
- Best Comprehensive Breast Care
- Best Hospitals for Cancer Care
- Best Mammogram Imaging
- Best Hospitals for Minimally Invasive Surgery
- Best Hospitals for Obstetrics
- Best Hospitals for Patient Safety
- Best Hospitals for Stroke Care
- Best Hospitals for Women's Services

"To be recognized in one designated area by the Women's Choice Award® given its high standards is truly an honor, so receiving recognition in nine clinical specialties speaks volumes about Saint Peter's longstanding dedication to women's health," said Leslie D. Hirsch, FACHE, president and CEO, Saint Peter's Healthcare System. "Our ongoing commitment to deliver the best possible health care is demonstrated each day by a team of exceptional physicians, nurses, technicians and healthcare professionals."

The methodology for the America's Best Hospitals is unique in that it combines national accreditations, Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) survey results and hospital outcome scores with primary research about women's healthcare preferences. It is the only award recognizing excellence in patient services based on robust criteria that consider patient satisfaction and clinical excellence.

Saint Peter's University Hospital is certified as an advanced primary stroke center by The Joint Commission, demonstrating that the hospital has provided some of the best evidence-based care for its stroke patients. An advanced primary stroke center is the first line of defense in diagnosing and treating stroke and preventing or minimizing permanent brain damage to the patient.

Saint Peter's is the first hospital in New Jersey and second in the country to earn The Joint Commission's Level IV Maternal Care Verification for delivering the highest level of comprehensive care for expectant mothers and newborns. Saint Peter's is equipped to deliver all levels of care from low-risk pregnancies to the most complicated cases through its midwifery, obstetrical, maternal-fetal medicine, and neonatology services.

Through robotic surgery, Saint Peter's offers patients a minimally invasive treatment option for uterine fibroids and endometriosis.

Saint Peter's Breast Center earned reaccreditation from the National Accreditation Program for Breast Centers (NAPBC). Saint Peter's Women's Imaging Center, named as a Breast Imaging Center of Excellence by the American College of Radiology, offers Hologic®Genius™ 3D Mammography™ which ensures greater clarity and detail, improving early detection of breast disease and other irregularities. Saint Peter's cancer program was also recently reaccredited by the American College of Surgeons' Commission on Cancer as an Academic Comprehensive Cancer Program.

To learn more about Saint Peter's recognitions, please visit saintpetershcs.com/award



Community Calendar

For more information or to register for a program, call the contact number listed or visit saintpetershcs.com/Events. Most programs are FREE unless noted; please call for information.

Cancer Support

Bone Marrow Transplant
For patients who have had an allogeneic transplant
Call for information: 732.235.8522

Breast Cancer
Call for information: 732.235.7011

Gynecologic Cancer
In partnership with the Cancer Support Community Central New Jersey
Call for information: 732.235.6792

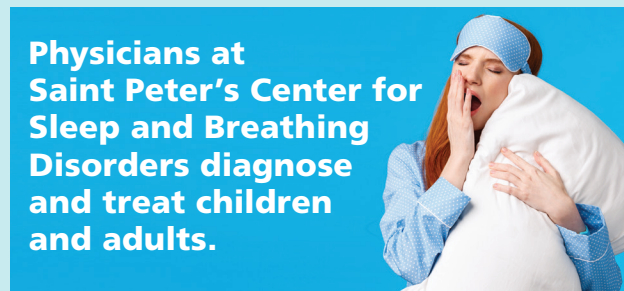
Living with Cancer
Call for information: 732.235.7557

Diabetes Education*
For information about classes, call the numbers listed below.

Diabetes Self-Management Education
Call for information: 732.339.7630

Gestational Diabetes Self-Management Education
Call for information: 732.339.7630

Prevent T2 Program
Call for information and registration: 732.339.7772



Parent Education

Parenting classes are currently being held online. Register at saintpetershcs.com/Services/Parent-Education. Once registered for a class, access information will be provided to you. For information about the following classes, please call Parent Education at 732.745.8579

Baby Care
Birth Center Class (for moms under midwifery care)
Breastfeeding Class
Breastfeeding Support Group
Grandparents Class
Hypnobirthing
Marvelous Multiples

New Daddy Class
New Mom Support Group
Prenatal Yoga & Exercise Class
Prepared Childbirth/Lamaze Classes
Sibling Class
Spinning Babies

SAINT PETER'S HEALTHCARE SYSTEM

GALA

5:30 PM | APRIL 1, 2023
THE PALACE AT SOMERSET

For registration and sponsorship information, contact Saint Peter's Foundation at 732.745.7932 or spfoundation@saintpetersuh.com.

Support Groups

Bariatric Nutrition Support Group
2nd Thursday of each month
Next meeting: March 9 • 6 – 7 pm
Call 732.339.7450 for Zoom meeting information

Bereavement
Call Pastoral Care for information: 732.745.8565

Craniofacial Teen Girls
Call for information: 732.745.8600, x8113

MyGoal Autism Family
2nd Sunday of each month
Next meeting: March 12 • 3 pm
Call 877.886.9462 or email info@mygoalautism.org for virtual meeting details

SHARE
3rd Thursday of each month
Next meeting: March 16 • 7 – 9 pm
Call 732.745.8522 or email imariano@saintpetersuh.com for Zoom link

Spouse/Partner Caregiver Support Group
Call for information: 732.745.8600, x8653



COVID-19 Moderna and Pfizer COVID-19 Vaccines

Available at Saint Peter's University Hospital and Saint Peter's Family Health Center.

For age eligibility and clinic dates, visit saintpetershcs.com/covidvaccine

Need a doctor? To find a Saint Peter's physician, visit saintpetershcs.com/findaphysician. Online scheduling is also available with select Saint Peter's Healthcare System physicians via Zocdoc at BookMySPDoc.com

This calendar is for information only. Do not rely on it to make healthcare decisions on your own; instead, talk with your healthcare provider for advice and treatment. Do not ignore medical advice or delay seeking it because of something you read here. We do not suggest or endorse that you have any tests, use products, or use other information in this document without advice from your healthcare provider.



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Sponsored by the Roman Catholic Diocese of Metuchen
State-designated children's hospital and regional perinatal center

